

# #MonthOfMinistry

## You are invited!

To take part in #MonthOfMinistry from 1 - 28 February 2026.

## What is a #MonthOfMinistry?

#MonthOfMinistry is an annual month-long online event. It was originally inspired by #HuMayNist the online event where Humanists share more about themselves and their work in the month of May. Initiated by Rev Jo Royle and Rev Sass Adams in 2023, we started #MonthOfMinistry with the purpose of raising awareness of who we are and what we do; highlighting the diversity in the Minister body; and supporting us to connect and network with one another as Interfaith Ministers.

In 2026 the aim has changed. Inspired, in part, by the great loss in our community of Nicola Combe (who was always a big supporter of #MonthOfMinistry), instead of talking about ourselves and our work, in 2026 #MonthOfMinistry is a call to loving action in the world.

The invitation, throughout February, is to tune into what loving action the daily prompt is calling you to, to take that action and to post about it on your socials (whatever platforms you use), using the hashtag #MonthOfMinistry. Think of it as a fun way to engage with each other, our followers and social media and a chance to put more love out into the world.

This year for the first year, #MonthOfMinistry is open to anyone, so we're hoping you'll invite your followers and friends to join you in taking loving action and posting too. We'll share some graphics to support you to communicating #MonthOfMinistry to your followers.

## Taking part in a #MonthOfMinistry...

It would be amazing if you could engage daily with the prompts and post on social media, but if you can only manage a few days in the month, that's OK too!

## Suggested post format...

DAY 1 #MonthOfMinistry //<PROMPT>

<your thoughts on the prompt, the loving action you were guided to, what action you took & any impact, etc>

#WeAreROSIM #InterfaithMinister #MonthOfMinistry2026 #MonthOfLove

<any other hashtags you want to include>

@BringItToTheAltar @osmic\_onespirit\_in\_connection

You are very welcome to respond to the prompts in any way which suits you... a written response; a photograph; a piece of artwork; a video; a poem; etc. We invite you not only to post but to engage with each other. You can search the hashtag #MonthOfMinistry on any social media platform to see posts.

## Where do I start?

- By telling all the OneSpirit interfaith ministers you know (and friends who might engage) about #MonthOfMinistry – the more of us taking part, the more fun and the greater the impact.
- By considering the prompts... asking to be guided as to what loving action you might take against each (see the prompts below with some example loving actions to inspire you)



## Day 1 - FORGIVE

Write a letter of forgiveness—even if you don't send it.  
Forgive yourself for something and do a symbolic act to mark it.  
Reach out to someone you've fallen out with and offer peace.

## Day 2 - GIFT

Leave a wrapped gift in a public space with a kind note.  
Give something meaningful to someone unexpectedly.  
Donate to a cause close to your heart in someone's name.

## Day 3 - SURPRISE

Pay for the coffee of the person behind you.  
Send a friend a surprise voice message of encouragement.  
Hide a kind note in a library book or shop shelf.

## Day 4 - HOLD CEREMONY

Light a candle and say a prayer for someone you love.  
Create a small ritual for someone to mark a transition.  
Host a mini gratitude ceremony with your family or friends.

## Day 5 - PAY IT FORWARD

Buy a hot drink or meal for someone in need.  
Support a small business and tell your network about it.  
Leave a book you love in a public place with a note to pass it on.

## Day 6 - LOVE YOURSELF

Write yourself a love letter and read it aloud.  
Take a nourishing bath or walk and speak kindly to yourself.  
Create a small altar or space just for your soul.

## Day 7 - CONNECT

Call someone you've been meaning to connect with.  
Organise a gathering or walk with friends or neighbours.  
Write a postcard or letter to someone far away.

## Day 8 - WRITE

Write a blessing or affirmation and leave it in a public space.  
Write a poem or prayer and share it online.  
Send a thank you card to someone who's impacted you.

## Day 9 - SPEAK

Say something kind to a stranger.  
Speak up for someone being treated unfairly.  
Call someone just to tell them you appreciate them.

## Day 10 - HEAR

Practice deep listening with someone today.  
Offer someone your presence without interrupting.  
Listen to the sounds of nature and write what you hear.

## Day 11 - HOLD

Hold space for someone who is grieving or struggling.  
Hold someone's hand with full presence.  
Hold an item that reminds you of love and reflect on it.

## Day 12 - HAVE MERCY

Show compassion to someone who's made a mistake.  
Let go of judgment in a conversation or comment.  
Do something kind for someone who is hard to love.

## Day 13 - COMPLIMENT

Tell someone what you admire about them.  
Write a compliment on a post-it and leave it in a public place.  
Compliment yourself in the mirror.

## Day 14 - BE KIND

Do something helpful without being asked.  
Give someone your full attention today.  
Send someone a care package or small gift.

## Day 15 - FEEL GRATITUDE

Start a gratitude jar and add three things today.  
Thank someone you've never properly thanked.  
Post a public thank you to someone who inspired you.

## Day 16 - BE PRESENT

Put away your phone for a whole hour while with someone.  
Sit with someone in silence without needing to fix or fill.  
Savour your tea or meal today in complete mindfulness.

## Day 17 - BLESS

Bless your home or someone else's with words or smoke.  
Send a silent blessing to everyone you pass today.  
Create and share a blessing prayer on social media.

## Day 18 - WELCOME

Invite someone into your home or space.  
Say a warm hello to strangers you pass today.  
Make someone feel welcome in your presence.

## Day 19 - REST

Take a proper nap or lie down with no purpose.  
Give someone else the chance to rest by helping out.  
Create a 'rest basket' for a tired friend.

## Day 20 - FIND JOY

Dance in your kitchen and invite others to join.  
Share a joyful memory or photo online.  
Leave a joke or funny drawing for someone to find.

## Day 21 - BE IN WONDER

Look at the stars or clouds and write down what you see.  
Ask a child what they're curious about and listen deeply.  
Visit a museum, garden, or gallery and let wonder arise.

## Day 22 - ENCOURAGE

Send an uplifting message to someone trying something new.  
Leave an inspiring quote where someone will find it.  
Cheer on a friend's work publicly.

## Day 23 - SHARE

Share something vulnerable with a trusted friend.  
Share your story or experience in service of someone else.  
Offer a book, tool, or idea that helped you recently.

## Day 24 - COMFORT

Make a warm drink for someone or take them soup.  
Offer a blanket and kind words to someone sad.  
Create a comfort box for a friend.

## Day 25 - SMILE

Smile at everyone you pass today.  
Draw or leave a smiley face for someone to find.  
Smile to yourself when you catch your reflection.

## Day 26 - SEEK PEACE

Meditate or sit in silence and offer peace to the world.  
Resolve a conflict gently or take one step towards it.  
Create a peace stone and leave it on a path.

## Day 27 - SEE

Truly see someone today – silently acknowledge their humanity.  
Go for a 15 minute noticing walk – really see your surroundings  
Affirm someone's truth – say 'I see you. I see what you're carrying.'

## Day 28 - OPEN

Open to changing your mind about someone or something.  
Open up your perception to hear, see, feel, taste or smell more.  
Open your heart to more fully receive love.

## Meditation Sessions

We're offering 4 x free one hour meditations in January, during which we'll be connecting, asking for guidance on the loving action we might want to take against the #MonthOfMinistry prompts. You're welcome to come to all or just one or two of the sessions and to join us even if you don't intend to join the online #MonthOfMinistry. Your followers are welcome to attend too.

### Sunday 11 January 2026 7-8pm GMT

Hosted by Rev Jo Royle  
Zoom ID: 828 5235 1965  
Passcode: meditation  
[Link](#)

### Monday 19 January 2026 7-8pm GMT

Hosted by Rev Andrew Jones  
Zoom ID: 830 1953 7964  
Passcode: meditation  
[Link](#)

### Monday 26 January 2026 7-8pm GMT

Hosted by Chris Booth  
Zoom ID: 884 6718 5785  
Passcode: meditation  
[Link](#)

### Sunday 1 February 2026 10-11am GMT

led by Rev Tania Menegatti  
Zoom ID: 882 3248 8492  
Passcode: meditation  
[Link](#)



## The Team

#MonthOfMinistry 2026 is brought to you in collaboration by

Rev Jo Royle, Rev Tania Menegatti, Rev Andrew Jones, Chris Booth, Rev Leti Hawthorn, Rev April Kling and Justin Hardie.

May we recognise the ways we're already showing up with love.

May we be inspired to more loving action.

May we meet one another through the lens of loving action.

And may all we do create ripples of love in the world.

